



Africa East & South between Nairobi and Dar es Salaam (DYND)

Nairobi to Dar Es Salaam 14 days.

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- Route: Nairobi to Dar Es Salaam
- Length: 14 days
- Transport: Overland expedition vehicle, 4x4s, boats.
- Accommodation: mall hotels, beach hotels, wildcamps in national parks, campsites.

Countries Visited

Kenya



Kenya is a country full of life and colour; of tribes and tradition and of wildlife and game parks.

In the lively capital of Nairobi there are so many attractions to fill a few days. The Karen Blixen museum was donated by Denmark after popularity of 'Out of Africa'. The location of the museum now is also home to some beautiful wildlife including horses. Most visitors also take in the elephant orphanage and giraffe sanctuary, offering the chance to feed the giraffes from a raised platform.

Of course it's the wildlife that draws most people to Kenya due its excellent national parks and reserves such as The Maasai Mara (also known as the Masai Mara to the Mara to locals), Nakuru and Samburu . Of course most people want to get a snap of the big five but there are also good chances of seeing the lesser predators of the genet, jackal and hyena.

Mount Kenya is the country's highest mountain and is the 2nd largest mountain in Africa after Kilimanjaro. Standing at a height of over 5000 metres, it towers over the surrounding plains and is no mean feat to scale with most climbers regarding it as more of a challenge that it's taller cousin in Tanzania .

Kenya's music scene is one of the most eclectic in the whole of Africa. With over 40 regional languages across the country, the folk music of Kenya is incredibly varied. Many of the regions have their own type of music, and one of the most inspiring is the Polyphonic style of the Maasai region in which chanting makes up the song's rhythm.

Tribes all over Kenya are proud of their products, whether it is music or textiles or food. The staple diet is mainly maize based and although each region has its own specific taste, there are many that are common across the country. One of these is Sukuma wiki. It is a phrase that means "to push the week". This meal is full of seasonal vegetables which will last a family a week.

Kenya does pack a lot into a small space but don't underestimate the country, in terms of tourism it is Africa's biggest hit!

Tanzania



Tanzania is the place for the classic East Africa safari experience, home to some of the world's most famous game parks. The wide open plains of the Serengeti, green after the rains, brown and burnt in the dry season and home to thousands of hoofed animals and fierce predators, is perhaps the quintessential image of Africa. Flat and rolling with long grasses the plains get its name from the Maasai word siringitu, "the place where the land moves on forever". Game viewing in the Serengeti is amazing and as you camp out at night, don't be surprised to hear lions in the distance as you recount your amazing sightings during the day. Most visitors either choose the Serengeti as their favourite game park or the Ngorongoro Crater. This huge caldera - a volcano which collapsed in an immense explosion measures 19km in diameter and 265km² in area. There is an excellent chance of spotting many of the Big Five as well as many, many other species.

Tanzania is also home to the Africa's highest mountain, Mount Kilimanjaro. It stands at nearly 6000 metres. There are many routes to the summit and each bring a fantastic sensation of accomplishment. Standing at the foot of this giant, is the town of Moshi and not only does it boast one of the most magnificent landscapes in the world, it is also a central region in Tanzania's coffee district.

After safari or mountain climbing where better to relax than the island of Zanzibar. From the white beaches with the lapping sky blue waves, to the stone paved walkways, you can disappear into a world of calm. There is opportunity to visit the slaving forts of Stone Town, visit the spice farms, or scuba dive on the islands fantastic coral reefs.

Tanzania is a country full of challenges and beauty, but also it is a chance to relax. Pick your challenge and discover Tanzania.

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Daily Itinerary

Day 1: Nairobi, Maasai Mara National Reserve

Border Information: If you are joining the trip in Nairobi, you will most likely enter Kenya at

Nairobi Jomo Kenyatta International Airport.

Welcome to Nairobi! If you would like to explore Nairobi fully, we advise you arrive a day earlier to give yourself the time to see some of the highlights in the city - possible activities include visiting the Karen Blixen Museum, the National Museum and the Langata Giraffe Centre.

There will be a group meeting today at the **Kivi Milimani Hotel at 10:00am** - your tour leader will meet you at the hotel reception. Please do not be alarmed if there is no welcome note on your arrival, as the previous day is often a travelling day for the tour leader and they will often be unable to reach the Kivi Milimani until this morning's meeting.

Address - Kivi Milmani Hotel, Milimani Road, Nairobi.

After the group meeting, we will be met by our 6-person 4x4 jeeps that will take us on our 2-night excursion to the Maasai Mara. We will load the jeeps with our personal gear (but we will not need our camping equipment) and then head off to Maasai Mara, leaving our truck behind.

We will also be leaving our large bags behind (where they will be stored in a secure location in Nairobi), and advise you to bring along a smaller daypack for your personal gear for this trip that will need to be packed soon after the group meeting before we set off. You should pack clothing for 3 days (including a warm jumper or fleece and long trousers), a waterproof jacket, toiletries (including sun screen and insect repellent), your camera and charger, a small towel, a head torch, a water bottle, books and personal snacks, etc.

On arrival, we will have the chance for a short evening game drive in the Maasai Mara National Park before heading to our campsite. The Maasai Mara is an incredibly scenic area and is one of the world's greatest places for wildlife spotting which is absolutely teeming with giraffe, buffalo, zebra, elephants, lions, cheetah, leopards, and other big game!

On both nights at the Maasai Mara, we will stay in a basic campground on the outskirts of the National Park. The campsite has set-tents and bedding, but is self-catered (we will use our kitchen equipment brought from the truck).

Activity

Approximate Cost

2-night/3-day excursion into the Maasai Mara in 4x4 safari vehicles

Included in Kitty

Nairobi



Nairobi is a lively city with a cosmopolitan atmosphere. The Kenyan capital takes its name from the Maasai meaning 'Place of Cool Waters'. Today it is a busy, bustling place that comes alive through its many markets, shops, bars and restaurants, not to mention its vibrant nightlife. If you have time to explore the city, the National Museum of Kenya and Karen Blixen Museum are both worth a visit, or you can get up close to the Giraffe's and help to feed them at the Langata Giraffe Centre.

Day 2: Maasai Mara National Reserve

On Day 2 we will go out for the full day game driving in the National Park before returning to our campsite for a second night. There is also the opportunity for a sunset balloon flight over the savannah - demand for this activity is very high so you must reserve this at the time of booking your Dragoman trip to avoid disappointment.

Tonight we will stay at the same campsite on the outskirts of the Maasai Mara.

Activity	Approximate Cost
Hot Air Balloon ride over the Maasai Mara (must be pre-booked - the cost is approximately USD550)	USD 550

Day 3: Nairobi

Today we will have a final game drive in the Maasai Mara in the early morning, before heading back to Nairobi and our campsite in Karen, arriving at about 4:00pm or 5:00pm. This is where we will meet our overland truck and start using the truck's camping equipment.

Tonight we stay in a well equipped campsite in the suburb of Karen on the outskirts of Nairobi.

Activity	Approximate Cost
Overnight in Kenya's capital, Nairobi	Included in Kitty

Day 4: Arusha

Border Information: Exit Kenya at Namanga, enter Tanzania at Namanga.

We will have an early start to beat the Nairobi traffic and head south to cross the border into Tanzania. We will go to the town of Arusha, where we will stop for food shopping in preparation for our excursion to the Serengeti National Park.

We will then head to our campsite on the outskirts of Arusha. On arrival we should have time to go on an optional walk to a nearby Maasai village, or visit a reptile house and snake-bite clinic that are run by the campsite. We will also prepare and re-pack for the Serengeti excursion starting the following day.

Tonight we stay in a well equipped campsite.

Drive time - 8 hours (please note that all drive times given here are approximate estimates only and are given with the best intentions - however please be aware that the drive times are heavily dependent on traffic, road conditions, weather, police roadblocks, and many other factors - flexibility is essential on any overland trip!).

Arusha

On our trips we make a short stop in Arusha. Arusha is Tanzania's second major city and used to be the capital of the East African community. The town sits in lush countryside near the foot of Mount Meru and enjoys a temperate climate throughout the year. Surrounding it are many coffee, wheat

and maize estates tended by the Arusha and Meru people. The town is the centre of Tanzania's safari business and is bustling and busy.

Day 5: Serengeti National Park

Today we will be met at the campsite by our fleet of 6-person 4x4 jeeps - we will load the jeeps with our camping and personal gear, and then head out for our 3-day excursion to the Serengeti and Ngorongoro Crater, leaving our truck behind.

Today will be a full drive along the rim of the Ngorongoro Crater (stopping to take in the awe-inspiring views!) and then down into the plains of the Serengeti. We will take an evening game drive around the savannah before heading to our campsite - the area is one of the world's premier spot for wildlife viewing and we hope to be able to find elephants, lions, leopards, giraffe and other big game during our time here!

Tonight we will stay at a campsite within the Serengeti National Park. The camp where we stay is very basic (with showers and flush toilets, but no other facilities) but is located right in the middle of the plains, surrounded by animals and their nocturnal noises! Your leader will outline the basic safety rules to be followed when camping in an unfenced location where wild animals are present.

Activity

Approximate Cost

Jeep safari in the Serengeti National Park

Included in Kitty

Serengeti National Park



The wide open plains of the Serengeti, green after the rains, brown and burnt in the dry season and home to thousands of hoofed animals and fierce predators, is perhaps the quintessential image of Africa. Flat and rolling with long grasses, the plains get its name from the Masai word siringitu, "the place where the land moves on forever". Game viewing in the Serengeti is amazing and as you camp out at night, don't be surprised to hear lions in the distance as you recount your amazing sightings from during the day. In normal circumstances we would expect to see the Big 5 during our stay in the Serengeti. The Serengeti Plains usually live up to every-one's expectations. This is the classic East African scenery of rolling grasslands is dotted with Acacia trees. In normal circumstances we would expect to see all of the Big 5 during our stay in the park.

Responsible Travel Note: You will notice many Masai villages in the region of the Serengeti and Ngorongoro crater. While it is of course fascinating to visit different cultures, past experience has shown that these villages exist primarily as businesses. You will be charged an entry fee of approx. US\$20 and the Masai will try very hard to sell souvenirs to you. While many clients still enjoy the experience, others have found it artificial and uncomfortable. We would very much prefer that Dragoman clients choose to by-pass this activity as we feel it negatively impacts the Masai culture and your perception of this culture. Unfortunately the tourist village business is such a high earner

that we have been unable to find an "True" Masai experience in Tanzania, which is disappointing for all.

For those who really want to spoil themselves with the ultimate game viewing experience, an optional balloon ride over the Serengeti at sunrise will leave you with some unforgettable memories. If you pre-book this activity with us you will be picked up and driven to the launch site early in the morning. Here you will receive a safety briefing from your pilot and help to inflate the balloon. You will then glide through the dawn, sometimes at tree height providing amazing wildlife photography opportunities, sometimes ascending to get an overview of the enormity of the Serengeti and the spectacular early morning sight of teeming herds of animals as they set out on their movements for the day. Upon landing and before being returned to your vehicle and group you'll be treated to a five star bush breakfast!

Please note the balloon safari must be pre-booked in advance through us and the option cannot be guaranteed until confirmation. Weather conditions sometimes stop the balloon flying in which case a full refund will be made. It does get booked up well in advance so you should book early.

Day 6: Serengeti National Park, Ngorongoro Crater

Today we will get up very early and we set off in our jeeps for an early morning game drive in the heart of the Serengeti plains. The early morning is the best time of day for wildlife viewing, as many of the animals are at their most active while it is still cool.

There is an option this morning for to take a hot air balloon flight over the Serengeti instead of the game drive - demand is high for this activity, so this must be pre-booked at the time that you book your trip with Dragoman.

We will return to our campsite for brunch, and then aim to exit the Serengeti at around lunch time. We will head back through the conservation area to our second campsite, on the rim of the Ngorongoro Crater, where we will arrive in the early evening.

Again, the campsite tonight is very basic and unfenced. It can often be quite cold on the crater rim so it is recommended that you take some warm clothes for this night.

Activity	Approximate Cost
Jeep safari in the Serengeti National Park	Included in Kitty
Hot Air Balloon ride in the Serengeti (this must be pre booked through your sales consultant - the cost for this is approximately USD 650 USD650)	

Ngorongoro Crater



The Ngorongoro Crater is a huge caldera - a volcano which collapsed in an immense explosion. It

measures 19km in diameter and 265km² in area. On our trips we make the most of our safari in the crater, spending between four and five hours exploring the area which is sometimes called the "Garden of Eden". There is an excellent chance of spotting many of the Big Five, not to mention many other species.

Day 7: Ngorongoro Crater, Mto Wa Mbu

This morning we will have another early start to descend into the world-famous Ngorongoro Crater for a morning game drive. Again, the Ngorongoro Crater is an outstanding area for wildlife spotting, often described as a 'natural wildlife enclosure'. This is the best chance on the excursion to spot black rhinos as well as a myriad of other big game.

We will spend as long as our entry tickets allow in the Ngorongoro Crater before departing, which will usually give us about 3-4 hours of game driving. We will then be dropped off at our next campsite in the small town of Mto Wa Mbu, where we are re-united with our truck.

We will have a well-deserved free afternoon to relax at our excellent campsite or to explore the town of Mto Wa Mbu.

Tonight we stay at a well equipped campsite in the grounds of a good hotel.

Activity	Approximate Cost
Jeep safari into the Ngorongoro Crater Reserve	Included in Kitty

Mto Wa Mbu

Mto Wa Mbu is the halfway point between Arusha and the Ngorongoro crater. It is a place to explore and The Curio market is a good place to start. The local merchants will want you to buy their products, a lot are ebony carvings and Massai spears. They are proud of their goods and want to share the culture with others. Occasionally there is a cattle market where the Maasi people will gather with their cows. It is a spectacular site as thousands of people gather at a time.

Day 8: Mto Wa Mbu, Marangu

This morning we will go on a fantastic community walk around the town where we will see local craft workshops, learn a little about the life here, and enjoy a lunch of delicious specialities from the area.

We will set off again in our overland truck and head east to Marangu, where we have a nightstop camping in the grounds of a beautiful colonial hotel at the base of Mount Kilimanjaro. We will go past the whole length of Mount Kilimanjaro where we'll hope for clear skies and fantastic views of the mountain from the road.

Tonight we will camp in the grounds of a hotel.

Drive time - 5 hours.

Activity	Approximate Cost
Visit to the Mto Wa Mbu village community project	Included in Kitty

Day 9: Lushoto, Dar Es Salaam

Today we have a long travel day south to Dar es Salaam, Tanzania's largest city on the coast of the Indian Ocean.

In Dar es Salaam we stay at a beautiful and well-equipped beach camp on the southern side of the bay across from the city.

Drive time - 12 hours.

Please note that if the group and leader prefer to split this drive into 2 days, we may spend this night in Lushoto in the Usambara Mountains (approximately half way to Dar es Salaam), where we will camp in the grounds of a local hotel. We would then complete the drive to Dar es Salaam the next morning.

Dar Es Salaam

Dar es Salaam, Tanzania's old capital, means Haven of Peace. The city acts as the gateway to the beautiful island of Zanzibar and the port area is fascinating to visit with its ocean-going "dhows" and inshore "ngalawas" (outrigger fishing canoes). Many of the buildings display Arabian influences and the melting pot of African, Muslim and South Asian influences give Dar a vibrant atmosphere, making it well worth exploring if you have the time.

Day 10: Dar Es Salaam

Today is a free day to explore Dar es Salaam or relax at the beach campsite.

If we stayed in Lushoto last night, we will complete the drive to Dar es Salaam today.

Please note that as of 6:00pm tonight, this trip overlaps with our "YDF - Dar es Salaam to Victoria Falls" trip, so there will likely be new customers joining your group for the trip to Zanzibar. This is because Zanzibar is part of both trips, so it means customers going all the way through do not go to Zanzibar twice!

Activity	Approximate Cost
Fishing Trips (per boat), Dar Es Salaam	USD 220
Snorkelling & Sailing Experience, Dar Es Salaam	USD 35
Sailing Safari, Dar Es Salaam	USD 35

Day 11: Zanzibar

This morning we will head to the exotic and beautiful island of Zanzibar! We will travel on the local commuter barge from Kigamboni to the city centre of Dar es Salaam, and then take a ferry from Dar es Salaam centre to Zanzibar. The ferry is quite comfortable with airline type seats, and will take about 2 hours and 30 minutes.

When we reach Zanzibar, we will meet our local guide who will help us check in to our hotel in Stone Town, and then give a quick orientation of the town before we branch off and head to lunch! We will have a free afternoon to explore the atmospheric streets of the historic centre of Stone Town, with

the option of meeting for sunset drinks at Africa House and heading out to the night markets for a local dinner.

In Stone Town we will stay in a good local hotel.

Activity	Approximate Cost
3 nights exploring the spice island of Zanzibar	Included in Kitty
Public ferry from Dar es Salaam to Zanzibar	Included in Kitty

Zanzibar



The exotic spice island of Zanzibar Filled with idyllic beaches, winding cobblestone alleyways and fragrant bazaars, Zanzibar's rich history involves everything from slave traders to Arabian sultans and fruit exporters. The sight of traditional dhows sailing along the coast makes it easy to imagine what the island was like back in the days of Livingstone.

Stone Town is the old port town of Zanziba and the best way to experience the city is on foot, exploring the bazaars, shops, mosques, palaces, courtyards and intricate alleyways. When the sun is setting, you can enjoy a sundowner from a bar overlooking the seafront, before trying one of the Island's local seafood curries for dinner at one of the town's many restaurants.

The famous spices are grown in plantations outside of Stone Town and on our trips we head out on a Spice Tour that will dazzle your senses. This also includes a local meal and a tour around the main sites of Stone Town, to learn about the history of its former slave market. We also drive to the spice plantations where you will have the opportunity to touch, smell and taste various spices such as cinnamon, vanilla and ginger, and teas made with these spices. At the end of the day there will also be an opportunity to buy some of the locally grown spices.

The other side to Zanzibar is it's many beaches. The northern beaches enjoy beautiful white sand and sparkling blue sea - the Indian Ocean at its best. Try snorkeling or diving, eat sumptuous seafood, or simply relax in a hammock underneath a coconut tree with a good book.

Day 12 to 13: Zanzibar

On our second day on Zanzibar we will join our local guide for a very interesting and informative tour around the sights of Stone Town and learn about the history of the island. We will then head away from town and take in a tour of a spice plantation, enjoy a local lunch with our guide, then head to Nungwi beach at the very north of the island. Nungwi is the Indian Ocean at its best - bright white sand, sparkling blue sea, outstanding seafood and a fantastic chilled atmosphere.

On our third day on Zanzibar, we will have free time to enjoy Nungwi beach and relax, or to try snorkeling, diving, or other beach activities, or maybe go further afield looking for Red Colobus

monkeys in the Jozano Forest.

In Nungwi we will spend both nights in a good hotel right on the shore of the ocean.

Activity	Approximate Cost
Snorkelling day trip, Zanzibar	USD 40
Dhow trip, Zanzibar	USD 40
Prison Island tour, Zanzibar	USD 30
Guided tour of Spice Plantations and local lunch	Included in Kitty
Scuba dive, Zanzibar	USD 80
Visit to Stone Town	Included in Kitty

Day 14: Dar Es Salaam

Border information: If leaving at Dar Es Salaam, you will most likely exit Tanzania from Dar Es Salaam Julius Nyerere International Airport (or some customers prefer to stay in Zanzibar at the end of the trip and then exit from Zanzibar Abeid Amani Karume International Airport).

Today we will return to Stone Town and take the return ferry to Dar es Salaam, where we return to our campsite on the south side of the bay or head straight off to onward flights.

Please note that there is no accommodation included on the trip tonight for those ending in Dar es Salaam, but it should be easily organised by your leader if you would like to stay at our campsite in Dar es Salaam. Please do not book flights for today out of Dar es Salaam before 8:00pm, so that you have enough time to cater for a slow ferry and heavy traffic in the city.

Activity	Approximate Cost
Ferry back from Zanzibar to Dar Es Salaam	Included in Kitty

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Important Notes

The routes, activities and places visited described in these trip notes are intentions and are meant as a rough guide only.

These trip notes have been compiled to help you prepare for your journey once you have booked. They include the full itinerary and dates, information and kit lists, meeting hotels, insurance, vaccinations, visas, and other information that will help you get ready for your trip.

We update these notes regularly and so please ensure you have an up-to-date version of these trip notes.

We intend to follow the planned route but exact night stops cannot be guaranteed. It sometimes happens that we decide to make a change to our basic planned itinerary. This may be for a variety of reasons - climatic, road or bureaucratic conditions may demand it. By their very nature, overland itineraries need to be flexible and the regions that we are travelling through are often unpredictable. We run adventure journeys in off the beaten track areas, often without western infrastructure. You should expect that some of these areas do not adhere to western safety standards.

Serengeti Balloon Safari

The Balloon Safaris in the Masai Mara and Serengeti must be pre-booked through the UK and are subject to availability.

Zanzibar Overlap

Please note that there is an overlap in Zanzibar. This means a group starting a trip in Nairobi or Victoria Falls will visit Zanzibar at the same time as groups starting their trips in Dar es Salaam. This means there could be up to 44 group members in Zanzibar at the same time, although it is unlikely to be this many.

Physical Preparation

Physical preparation for the North, East & South Africa and Middle East Itineraries

Travelling in North, East & South Africa or Middle East can be demanding - long, rough travel days, dusty conditions and basic campsites all provide a challenge. The conditions in the North can be more challenging than in the East or South, where public camp sites and bathroom facilities can be very basic and may be non-existent in the case of bush camps. You will need to be fit enough to help every day with the camp chores (cooking, washing up, general camp set up) as well as putting up and taking down your own tent. There are some long driving days and some early morning starts. The step up into the overland vehicle, while not overly high can become tiring and you need to judge yourself to be physically fit enough to haul yourself up and down the step at least 8-10 times a day. There are some long days driving on rough roads on all itineraries.

Visa Information

Many countries that we visit on our travels will require visas to enter. Some are best obtained before you leave home, and others can be obtained en-route. Whilst the ultimate responsibility for obtaining visas is yours, we will endeavour to assist you wherever possible.

The visa requirements for your trip vary depending on where you are from and where you are going. The information provided is given in good faith and we do try to keep the visa information as up to date as possible. Please be aware though that rules do change, often without prior warning, which is why it is important that you check for yourself.

For visas that are needed in advance, you can choose to submit the applications directly to the relevant embassy or consulate. However, our recommendation is that you use a visa agent to assist you with your applications. While this does increase the cost, it will make the process much easier for you. Dragoman have teamed up with 'The Visa Machine' to create a safe, secure, hassle-free way of obtaining visas and visa advice. Our unique link within their website is designed to make the visa process as straightforward as possible. Simply go to <https://dragoman.thevisamachine.com> and click on your region of travel followed by your trip route and 'The Visa Machine' will advise you about not only the required visas but also the dates by which you should apply. 'The Visa Machine' can then assist you in the actual visa application, thus taking all the worry and hassle out of the process. This

should apply for ALL nationalities and countries of residence.

As you will often need to submit your passport together with your applications, we recommend that you avoid making any travel plans in the weeks leading up to your departure. However if you do need to travel in this period please let us know as soon as possible so that we can help you work out the options for your visa application process.

Kenya

Kenyan visas are required by most nationalities.

Single-entry visas are available at the point of entry to most nationalities and cost USD50 for a single-entry visa. In some cases you may be able to get a transit visa upon arrival for USD20.

Some nationalities require visas to be purchased in advance - you **MUST** check before departure. Please note that, effective from September 2014, South African nationals will have to obtain their visas in advance and they will not be able to get them at the point-of-entry - please see <http://www.kenya.org.za/> for more details.

If you wish to return to Kenya after visiting other East African countries, you will usually be let in without having to get a new visa, even though it is officially a 'single-entry' visa.

As of May 2014, it is now possible to obtain a joint Kenya-Uganda-Rwanda visa at any land border from Tanzania or Ethiopia for USD100. We recommend you obtain this if you coming across these borders and are doing our 'gorilla loop' (Nairobi to Nairobi) section around these countries, as it is the cheapest and easiest option for your visas on this section. You should be able to get this visa in advance from your closest Kenyan Embassy if you are flying into Nairobi for the start of this trip.

For more information, including application forms and visa fee rates, is available at <http://www.kenyahighcommission.net>.

Kenya has an airport departure tax of USD20 (payment is also accepted in Kenyan Shillings). This tax is normally included in the price of airline tickets but if you are unsure, you should check with the airline or travel company.

IMPORTANT: Please take note ALL flights passengers travelling to Nairobi require a yellow fever certificate, if you do not have one you risk being denied boarding at the gate.

Tanzania

A visa is required by visitors of most nationalities including those from the EU, UK, USA and Australia. Most nationalities can obtain their visa at any major port of entry into Tanzania. At the time of writing, the cost is USD50 for most nationalities (or USD100 for USA passport holders).

Travelling to and from Zanzibar is still within Tanzania, so does not affect the validity of your Tanzanian visa. However, you still need to stamp your passport in and out of Zanzibar.

At the present time, you are allowed to exit and then re-enter Tanzania on just a single-entry visa, as long as your travel in between visits to Tanzania is only within Kenya or Uganda. If you have been to any further countries during this time, then this single-entry visa is no longer valid and you will have

to purchase another visa to re-enter Tanzania.

If you do require a multiple entry visa you will need to arrange this through a Tanzanian diplomatic mission before your arrival in Tanzania. Alternatively, you can buy a single-entry visa each time you enter the country.

If you do decide to obtain your visa in advance please use the following address on the application form:

Kipepeo Beach & Village

P.O. Box 1520

Dar es Salaam,

Tanzania

Tel :+255 (0)754 276 178

Departure tax

On the 2nd of July 2012 the Tanzanian Government announced an increase to its passenger airport service charge from 5,000TSH to 10,000TSH for domestic departures, and from 30USD to 40USD for international departures.

This change comes into effect from 1st of July 2012 and will be included in any new Airline ticket costs. Passengers who have already purchased tickets will be required to pay the difference on departure.

Yellow Fever Certificate

A yellow fever vaccination certificate is required from travellers coming from areas with risk of yellow fever transmission. This is particularly relevant for those travelling to Tanzania from neighbouring African countries and you will almost certainly be asked to show your yellow fever certificate card when arriving in Zanzibar. See the Tanzanian Government website for more details: <http://www.tanzania.go.tz/immigration.html>.

Personal Spending

Based on the range that previous travellers have spent on this trip, we recommend you allow between a minimum of \$US10 and a maximum of \$US20 per day.

This will cover individual expenses such as drinks, meals whilst out (when staying in cities), souvenirs, tips and personal permits.

Banks and moneychangers in most countries will now only accept bills with a metallic strip running top to bottom of the bill and which are dated from 2006 or later. You should not take worn or damaged notes, or any that have been written on.

What else you need to know

Currencies & Cash

It is not really worth trying to buy local currencies before you travel. Do also bear in mind that many countries have strict regulations about the amount of their own local currency you are allowed to import - if you are found with amounts in excess of the allowed amounts, it may well be confiscated!

For obvious security reasons we hesitate to recommend you bring lots of cash with you, a sensible mix of cash and cash passports such as TravelEx cards and ATM cards is best. However, most of our past passengers have said they wished they had been told to bring more cash. Apart from the convenience of being able to change money in many more places, you will sometimes get a much better exchange rate for cash.

You should take a mixture of denomination notes. Banks and moneychangers in most countries will now only accept bills with a metallic strip running top to bottom of the bill and which are dated from **2006** or later. You should not take worn or damaged notes, or any that have been written on. Please bring the majority of the money you intend to change in large denominations (USD/EUR100 and 50 bills) as the exchange rate is often significantly worse if you try to change smaller bills; however, it is also a good idea to have some smaller bills as well, as in more remote areas it can be hard to change amounts over \$US50.

Cash machines are readily available in most of East and Southern Africa but are not always reliable therefore we recommend that you do not rely on them as your only source of cash. Please note that there are no cash machines in Sudan and very few in Ethiopia. Please note that most ATMs only take Visa cards NOT Mastercard. Please also do not plan to take out large amounts of USD from the ATMs in Zimbabwe for use on the rest of the trip - the cash in Zimbabwe is often old, dirty and falling apart and will not be accepted anywhere else in the world.

Credit cards such as Visa and American Express are the most commonly accepted, but be prepared for very high commission charges. Please do not rely on cards for daily use, as they are not always accepted outside of larger towns and cities.

Zambian Kwacha - please note that the currency of Zambia (the Kwacha, old code ZMK, new code ZMW) was re-based in 2013, and the old notes are no longer accepted. Please be careful that you only accept notes of the new currency (2013 and later) when exchanging money as some money changers have been known to offload old currency onto travellers. The new currency comes in denominations of ZMW2, 5, 10, 20, 50 and 100 - any notes such as ZMK5000 are the old currency, do not accept them!

Overland Lifestyle and Trip Suitability

Dragoman has 32 years experience of leading overland trips across 4 continents. Overlanding is all about sharing a great travelling experience with like-minded people. On your trip you'll travel in one of Dragoman's purpose built iconic expedition vehicles on an off the beaten track adventure along rugged roads, experiencing the sights, sounds and smells of the world up close. Your journey will be overland across vast distances so some long days spent driving are inevitable - but these will be interspersed with breaks of a day or two at a destination or activity. On an overland journey you are

more than just a passenger and everyone gets involved setting up camp - we supply the tent but it's up to you to pitch it! As part of your trip you will be assigned a truck job which could be collecting firewood or water, luggage loading, organising food, stores etc.

Like all great adventures, the more you put in the more you'll get out!

We are looking forward to welcoming you on one of our overland journeys but before we do there are a few things we would like to draw to your attention:

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Who Travels with Dragoman?

Our groups are made up of people from around the world and are always an interesting mix of nationalities and ages. On average there is a pretty even split, males to females and between solo travellers, couples and small groups of friends. We believe that overlanding should be open to as many people as possible and so although we have a minimum age limit of 18 (or 7 on our Family Trips), as long as you are fit, healthy and passionate about travel, we are happy to take you, whatever your age is. One of the beauties of group travel is the camaraderie and friendships that are formed along the way, and as well as the variety of people that you will meet.

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Group Size

The maximum group size we take on our overland journeys ranges from 19 to 22 depending on the geographical location; however the average number of passengers is more likely to be around 16.

Please note that there is an overlap of 2 trips in Zanzibar. This means a group starting a trip in Nairobi, for example, will visit Zanzibar at the same time as group starting a trip in Dar es Salaam. In practical terms this means there could be up to 44 group members in Zanzibar at the same time.

Please also note that on some departures there may be more than one truck doing the same route. This means that you will be in the same hotel or campsite as another Dragoman group on some days. To ensure that you are not always at the same place at the same time as another group, your itinerary will most likely be slightly altered from the itinerary advertised in these trip notes.

Our Crew and Guides

Our crew are passionate about travel and are always up for adventure. It takes someone special to become a Dragoman leader. Our crew undergo the most intensive training program of all the overland companies, spending 10 weeks learning the ropes at our base in Suffolk, UK, and then up to six months on the road as a trainee. On all Dragoman overlanding trips, we usually have 2 western crew. The crew are responsible for the group and the overall organisation of the trip. On our trips in East and Southern Africa we either have 2 western crew or 1 western crew and 1 local driver. While not being guides in the traditional sense, you can expect them to have a broad knowledge of the places visited and for them to offer suggestions of things to do and see.

On trips south of Nairobi in East and Southern Africa we will also have an African camp master/cook who is in charge of running the camp and organising all of the meals. Their knowledge of the local produce makes shopping at the markets great fun and you will learn how to prepare and cook some unusual dishes.

In the rest of Africa, South America and the majority of Central Asia and China we use local guides who may stay with us for just a few hours or will actually travel with us for some or the entire journey. In these cases they become a third crew member and are able to offer their local knowledge as well as a real insight into the lives of the local people.

Dragoman endeavours to provide the services of experienced crew, however, due to the seasonality of travel, situations may arise where your crew is new to a particular region or training other crew. Your crew have a duty of care to all members of the group and therefore they have the authority to ask you to leave the trip if you require serious medical assistance, you are behaving in an anti-social manner or refuse to comply with local laws and customs. In all matters relating to the trip, the leader's decision will be final and we appreciate your respect of this.

Accommodation on Tour

Dragoman's overland trips are designed for shared accommodation, whether camping or staying hotels, and therefore do not involve a single supplement. Single travellers will share with people of the same sex for the duration of the trip and whilst our crew will do their best to accommodate couples travelling together in twin rooms, all our travellers should expect to stay in multi-share accommodation from time to time.

The type, variety and standard of accommodation will vary depending on what options are available in each of the areas we travel through and the nightstops on our routes; The campsites will range from rather basic to those with excellent facilities, including swimming pools, restaurants and bars. In some cases it may also be possible to upgrade locally to bungalows, lodges or even tree-houses.

Equally, the type and standard of hotel accommodation will vary greatly depending on what is available in the area; hotels can vary from very basic multi-share rooms without electricity or running water all the way to high standard hotels with good facilities!

One of the highlights of overlanding is that in more remote areas we will wild camp; this allows us to get far away from the tourist crowds to some beautiful, secluded spots. Occasionally on some of our trips we are able to stay in villages or local homestays, this allows us to get close to indigenous populations and ensures our money stays within local communities.

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The Kitty

In addition to the trip price on our overlanding trips, you will also be required to pay a kitty specified for your trip (please note that there is no kitty on our Family Trips). The kitty is payable in installments at the start of each section of the trip for combination trips, and in full at the start of the trip for individual trips. Each customer joining a trip pays their kitty into a central fund. The fund is managed by the Dragoman crew and the kitty accounts can be viewed by all throughout the trip.

The kitty covers all things that the whole group does, such as:

- Hotel accommodation and campsite fees
- Meals whilst camping (not in hotels)
- Activities listed as included (e.g. National Park entrances, excursions and local guides).

The kitty system is very unique to overlanding and we believe it allows us to have flexibility and

transparency on our trips. You can see exactly how your money is being spent and ensure that you are getting the best value by buying locally. It also helps to keep the costs competitive and save on administration costs so that we can pass the saving on to you. Dragoman makes NO PROFIT on kitties, as they are the group's fund. We constantly update the kitty prices on our website and the kitty advertised in the brochure is an estimate at the time of printing. Prices can go up or down with no notice, and exchange rate fluctuations will affect costs. If there is money left in the kitty at the end of your trip, then this is divided between the group and you receive a refund.

Once you book your trip it is very important that you check our website on a regular basis and just before departure for any changes to the kitty amount.

The kitty is payable in full at the start of your trip (in installments at the start of each individual trip on combination trips) or via our new scheme where you can pay in advance 3-4 weeks before the start of your trip (please see http://www.dragoman.com/files/Kitty_doc_v1.pdf for more details - this letter will also be sent in your final documents upon booking a trip).

If you are bringing the kitty out in cash, please try to pay in the specified currency on the website (US Dollars, or Euros in West Africa). Your tour leader will be able to accept some of the kitty in local currency if needed, and they will let you know the exchange rate locally - in most destinations you can withdraw local currencies from ATM machines, using either a cash passport or a credit/debit card. Please bear in mind that most cards have a maximum withdrawal amount per day, local ATMs may run out of cash, and your bank could block the card despite you warning them of your travel plans, so it could be impractical to try to get the entire kitty out from an ATM.

Traveller's cheques are becoming increasingly difficult to change around the world with passengers and our leaders are experiencing frustration and numerous hours spent trying to find a bank which will change travellers cheques. For this reason we no longer accept TCs on our trips. As an alternative, in most destinations you can withdraw local currencies from ATM machines and use either a cash passport or a debit card.

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Meals and Group Participation

On an overland journey you are more than just an individual passenger - you're part of the team. You are expected to pitch in to set up camp, shop for food, cook and generally help out. As part of your trip you will be assigned a truck job which could be collecting water and firewood, sweeping out the truck, loading the back locker, etc. While camping on overland journeys, all meals are included in the kitty. This means that you will have to work together to cook for everyone in your group. You will be divided into smaller units of 3-4 people and take it in turns to cook for the whole group according to a rota system. When it is your turn to cook you will have to plan the meal, shop for the ingredients in local markets or supermarkets and then prepare the meal for the whole group. The secret to cooking for 20+ people in a basic camping kitchen is to keep it simple! (On trips south of Nairobi we have a cook on board the truck; however you will still be required to help prepare meals).

An example of a typical camp breakfast might be toast with spreads, fruit and cereal as well as tea and coffee. When time allows it will also be possible to serve something hot such as eggs or pancakes. Lunch is almost always a sandwich heaped high with healthy salad and assorted fillings, with fruit to follow. Dinner might be a BBQ, risotto or pasta dish and there is always the chance to try some local cooking. Generally our passengers find the more they put into a trip, the more they benefit from it.

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Dietary Requirements

If you have any dietary requirements please tell us at the time of booking and also remind your crew at your welcome meeting. Our crew will try to cater for any particular dietary requirement or food intolerance whenever possible. However, it must be remembered that it may not always be possible and the variety of dishes may be severely limited in comparison to those available to others. If there is anything in particular you require in your diet, or would miss from home, or because of an allergy would miss out on, it would be best to bring these with you. Depending on your particular requirements, you may need to allow yourself some extra spending money to allow you to purchase extra food items.

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Itineraries

Our itineraries are our intention but travel in more remote areas of the world is unpredictable - borders can close, there can be extreme adverse weather, strikes or maybe mechanical issues that affect the running of your trip but equally due to the nature of our trips we can often spontaneously include a local festival or event into the itinerary. This being said, the safety of our passengers, leaders and operators is a priority for Dragoman. With this in mind we monitor world events very closely. By the very nature of the adventure travel that we take, there are risks and hazards that are inherent in our itineraries. Dragoman makes operational decisions based on informed advice from a number of sources:

- The British Foreign and Commonwealth Office travel advice
- Reports from other travel companies and local suppliers
- Leaders reports from off the road
- Local contacts we have built up over 33 years of experience

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British Foreign Office Travel Advice and Warnings

Dragoman follows the British Foreign Office Travel advise when deciding where and where we are unable to travel. We will base our decisions on itineraries and alterations to published routes based on their advise rather than the advise of other governments.

However we recommend you check the latest travel advisories from your own government for the country you are travelling to before you book and prior to departure. Check to ensure that no travel warning is invalidating your travel insurance Here are a few useful addresses:

UK www.gov.uk/foreign-travel-advice

Australia. <http://www.smartraveller.gov.au/>

New Zealand. <http://www.safetravel.govt.nz/>

United States. http://travel.state.gov/travel/travel_1744.html

Canada. http://www.voyage.gc.ca/countries_pays/menu-eng.asp

Dragoman has also teamed up with the UK Foreign and commonwealth office (FCO) in their 'Know before you go campaign' www.gov.uk/knowbeforeyougo. This website offers straightforward travel advice, top tips, and up to date country information to help you plan a safe trip. We recommend you check this out before you travel. We will advise you of any significant changes in advice before travel or whilst you are overseas.

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Health

You need to be in good physical health in order to participate fully in our trips. When selecting your trip please make sure you have read through the itinerary carefully and assessed your ability to cope with our style of travel. To help you assess if this trip is suitable, please refer to the physical rating. The ratings for each trip are a good indication of how challenging they are and in some cases you should be prepared for some long driving days and possibly limited facilities. We are always happy to give extra advice if you have additional concerns. Please note that if, in the opinion of our leader, you are unable to complete the itinerary without undue risk to yourself and/or the rest of the group, Dragoman reserves the right to exclude you from all or part of the trip without a refund.

You should consult your doctor for up-to-date medical travel information prior to travel, particularly if you have a pre-existing medical condition. We also advise you to declare any pre-existing medical conditions to your travel insurers upon purchase.

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Altitude

Some pre-existing medical conditions are known to severely worsen at high altitude and be difficult to adequately treat on the ground, leading to more serious consequences. It is imperative that you discuss your pre-existing medical condition/s with your doctor. We understand certain medications are reported to aid acclimatising to high altitude; please discuss these options with your doctor. For trips that travel to areas of high altitude, the tour leader will issue you with a self assessment altitude questionnaire which allows you to monitor how you are coping with the altitude and informs you of danger signals so that you can reports these as soon as possible, either to the tour leader or a medical professional.

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Yellow Fever

A valid international certificate of vaccination against Yellow Fever is required in many countries. You may need to present this on arrival at the airport or border crossing. Some countries will refuse entry if you are unable to present your certificate. It's also quite common for your home country to request a Yellow Fever certificate on your arrival back home.

It is your responsibility to check with your doctor well in advance of leaving home about the Yellow Fever requirements for the countries you'll be visiting.

Malaria & other mosquito-borne diseases

Get expert advice before travelling about types of malaria pills and take them as instructed.

Recommended types do change from time to time and from area to area. Consult your GP / travel clinic for the most up-to-date requirements.

Other mosquito-borne diseases such as Dengue Fever and Chikungunya are continuing to spread and becoming a bigger problem around the world. Bite prevention is vital to avoid contracting any of these diseases as there are no vaccines or specific treatments available.

The mosquito usually bites between the hours of dusk and dawn and so covering up by wearing long-legged and long-sleeved clothing, preferably light coloured and buttoned at the wrists, can help. Do not sleep without closing windows, tent doors or, if sleeping outside, use a mosquito net. Use mosquito repellent applied directly to your skin or soaked into your clothing.

Treating clothes and mosquito nets with a Permetherin solution provides significant protection. It should be available at most travel stores. Mosquito coils are useful on still nights and in hotel rooms but cannot be used inside the tents.

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Vaccinations

Recommended vaccinations and other health protection vary according to different regions and recent bulletins issued by health authorities. It is essential to get the latest advice on the region(s) you are planning to travel in so please check with either your doctor or travel clinic in good time before you travel.

We also recommend you check out any specific health advice for the country you are travelling to either via your GP or the following websites: www.nathnac.org or www.fitfortravel.nhs.uk

In the UK, we have been working with Nomad Travel for many years and their website has comprehensive, up-to-date vaccination and health information. You will receive a 10% discount off all vaccinations given at Nomad Travel clinics.

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Safety & Security

At Dragoman your safety is of paramount importance and we will do our best to ensure that your travel with us is safe and trouble-free but we do ask that you take that little bit of extra care whilst you are away and to understand about the nature of this style of travel.

We want you to have an enjoyable time but you must also remember that part of the enjoyment of travel is experiencing a different way of life and cultures. This may also mean experiencing different safety and hygiene standards than those you are normally used to.

Therefore, please take note of the following safety tips and follow any local safety advice or briefings delivered by our crew or any third party suppliers we use during your trip.

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Transport Safety

- Our own vehicles have fully fitted seat belts; make sure you always belt up.

- If you find a safety belt inoperable or missing on one of our vehicles, please inform the crew immediately.
- Unfortunately, we cannot guarantee that other vehicles we may use or recommend in some countries will be fitted with seat belts on every seat as it is not a legal requirement in much of the world.
- Please remain seated on board vehicles at all times when the vehicle is in motion
- Never place luggage in the aisles or foot wells
- Ensure you know where your nearest Emergency exit is; this may be a designated emergency exit, a window or a roof hatch.
- Check the location of the fire extinguisher and first aid kit.
- Follow any safety instructions provided by the crew/driver
- Our vehicles are fitted with roof seats which can be used in certain conditions, such as when driving at low speeds, off main tarmac roads, etc. They can only be used with the express permission of the crew and you must never sit in them without seat belts.

Road Safety

- Traffic in some countries travels on the opposite side of the road to what you may be used to, so ensure you look both ways before crossing the road.
- In many countries vehicles do not automatically stop at crossings.
- Crash Helmets are often not provided with mopeds and motorbikes overseas - we do not recommend you hire these vehicles.

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Fire & Other Safety - Hostels/Hotels/Homestays

- Ensure you know where your nearest fire exit is and check to ensure that it is operative.
- Check the location of the nearest fire extinguisher.
- Study the fire instructions in your room if available.
- Identify how to raise the alarm if a fire occurs.
- If a fire occurs, leave immediately; do not stop to collect your effects.
- Proceed to an assembly point well away from the building.
- Electrics in hotels in many of the places that we visit will not be up to the same standards as at home. Please ensure that you check rooms, especially bathrooms and are aware of any issues that look unsafe. If in doubt inform the crew who will endeavour to sort the situation out.
- Staircases and stairwells are often built to a very different design than under Western building standards. There may be no guard rails, be excessively steep, etc. At all times be aware and take

appropriate and prudent care.

- We often stay in homestays and farmstays. These may range from a traditional yurt through to a tree house or a town house. As these are traditional homes they may well not adhere to our western standards of safety and so it is important that you make yourself aware of potential risks.
- If in doubt please inform the crew of any safety issues with the hotels/hostels or homestays

Fire Safety - Campsites

- Ensure you know where the nearest source of water or fire extinguisher is.
- Know how to raise the alarm.
- Extinguish all camping fires fully before retiring to bed.
- Observe any regulations regarding fires and bushfires in dry conditions.
- Proceed to an assembly point away from the tented accommodation/affected campsite.

Other Campsite Safety & Security

- Familiarise yourself with the campsite and any known hazards.
- Group tents around our vehicle wherever possible.
- No open flames, smoking or flammable liquids in or near the tents.
- Ensure cooking area is well away from the tents.
- Ensure all water for cooking and drinking is purified first.
- Ensure any soil toilets are min 50m away from tents & cooking area.
- All food waste should be burnt or buried - min 100m away from the site.
- Ensure local advice is followed concerning any wildlife.
- Keep valuables locked in the vehicle.
- Be aware of any local security issues that might be important.
- Do not set out tents close to perimeter fences which may be a security risk.
- Be aware of the security arrangements and local guards for campsite and if in doubt ask them where and where not to pitch tents.
- If in doubt please inform the crew of any safety issues with campsite.
- When wild camping, ensure that you do not wander away from the camp alone. If you do leave camp ensure that you have notified the leader or other members of the group. Food Safety We prepare many meals during the tour and our crew are hygiene trained; however, some general tips can help in order to avoid the possibility of stomach upsets;
- Make sure your food has been thoroughly cooked.

- Hot food should be hot, cold food should be cold.
- Avoid any uncooked food, except fruit and vegetables, (notably those you can peel or shell yourself).
- In many countries you should only drink bottled water or purified water and ensure any seal is intact when purchasing bottles.
- On the Dragoman vehicles we have a tank of drinking water that is kept purified by the crew.
- Avoid ice in drinks as this can cause upset stomachs in hot climates.
- Make sure you wash your hands in antibacterial product when preparing and/or eating food.
- Restaurant Food: This is grassroots travel and many of the restaurants that you will eat in, either as a group or as individuals, will NOT have the same standards of food hygiene as we have in the Western World. Unfortunately this is part of travel in these regions. Therefore think carefully about what food you order and be aware of the risks.

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Personal Safety

One of the real advantages of overland travel is that the vehicle provides a very real level of security when travelling. There is no doubt that a properly equipped overland vehicle, with safes, fully lockable doors and windows is an obvious advantage when travelling in much of the world. We recommend the use of a neck wallet or money belt whilst travelling for the safe-keeping of your passport, air tickets, cash and other valuable items (although most of these can be locked in the safe whilst you are on the trip) and advise you to leave any valuable jewellery, watches, etc, at home. Generally speaking, you will not be travelling on local public transport and will have the added security of travelling in a group with experienced crew on hand to offer advice. We have come up with a few pointers that we recommend you follow:

- Follow the crew's specific safety advice in each destination.
- Be aware, stay away from situations where you do not feel comfortable.
- Avoid carrying too much money.
- Use of a money belt / neck wallet or is encouraged at all times while travelling for the safe-keeping of your passport, air tickets, cash and other valuable items.
- Avoid walking in poorly lit areas.
- Ensure your valuables are left secure when you go out.
- In any hostels/hotels, place all valuables in a safety deposit box, where available or with reception or locked away by the crew.
- Do not take any valuable jewellery/watches etc. away with you.
- If possible avoid walking around on your own; it is always safer to explore with others.

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Activity Safety & Optional Activities

You will have the opportunity to take part in many exciting activities and excursions, some of which are included, whilst others are optional (i.e. hiking The Inca Trail, trekking to see Mountain Gorillas). These require a certain level of fitness, so it's important that you read through the trip notes thoroughly and make your own conclusions as to whether you feel that you are fit and healthy enough to enjoy this trip to its fullest.

Some activities may have higher risks than you are used to and you must judge whether or not you wish to, or have the physical ability to take part.

Optional activities mentioned by Dragoman are not included in the trip price or kitty and do not form part of your contract with Dragoman. As such you accept that any assistance given by Dragoman crew members or local representatives in arranging optional activities does not render us liable for them in any way. The Dragoman crew are assisting you in arranging these activities for your added enjoyment whilst on your trip. The operators of these services and optional extras are local suppliers who contract directly with the Client 'on the road' subject to and in accordance with their own terms and conditions. Dragoman accepts no liability for any action or activity undertaken by the Client which is arranged independently of Dragoman while on tour. Crew may take part in an optional activity but do so as private individuals and not as company representatives.

Please use your own good judgement when selecting an activity in your free time.

Ensure that you use the appropriate equipment on optional activities, including life jackets, helmets, etc. This is especially important on activities such as horse riding, white-water rafting, etc.

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Included Activities

Included activities are listed in the day-to-day itinerary, all other activities are optional and at your own expense. If you choose not to participate in the included activities on this itinerary, the cost will not necessarily be refunded; this is something you will need to check with your leader.

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Optional Activities

A selection of optional activities is listed in the day-to-day itinerary. This is not an exhaustive list and should be used as a guide only. Prices are for entrance only and do not include transport costs to and from the sites or local guides unless indicated. It may not be possible to do all the activities listed in the time available at each destination. Optional activities are not necessarily endorsed or recommended by Dragoman nor included in the price of this trip. If you do any optional activities, you do so at your own risk and it must be clearly understood that your participation is your own decision and does not form part of your contract with Dragoman. You may be required to sign/complete a waiver form or optional activity form for some optional activities.

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Insurance

It is a condition of booking that you have comprehensive travel insurance. Without evidence of valid travel insurance you will not be allowed to start the trip.

We recommend that any policy has a minimum medical (including repatriation) cover of £5,000,000. We recommend that any policy also has a minimum level of cover for Personal Liability of £5,000,000 and for Cancellation and Curtailment of £5,000. Cover for loss of baggage, personal effects, money and other inclusions are down to personal choice although please bear in mind that personal effects are more likely to go missing whilst travelling and you should ensure that your policy is adequate to cover the value of your personal effects e.g. cameras, I pads, phones etc. Please note that Dragoman is not responsible for your personal effects and is not insured for their loss.

Whatever policy you choose, you must ensure that it is designed for adventure/overland travel and make sure it covers any activity you intend to undertake. As such it must cover you for adventure activities such as white water rafting, trekking, horse-riding and that the 24 Hour Emergency Assistance Company must be experienced in handling situations in developing countries - for example, that they have the ability to arrange repatriation from remote areas such as the Sahara or if you were trekking in the Andes. On activities or side trips that are not recommended by us please ensure you are happy with the safety of the activity before participating.

Please double check if you have annual travel and/or credit card policies to ensure they have the cover you require, as many of these policies are not able to cope with adventure travel to remote areas.

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Our Liability Insurance

Dragoman has comprehensive passenger vehicle liability protection and tour operator insurance. These policies have total indemnities of £5,000,000 and £10,000,000 per incident respectively. This is in addition to local vehicle insurance and your personal travel insurance.

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Emergency Contact

We have a dedicated 24 hour telephone number which should only be used once you have left the UK and in the event of a real emergency. Should you need to call the number, we will do what we can to help but please bear in mind that real progress or action may not be possible until normal office hours.

If your flight is delayed or cancelled, please let us know and then make your way to the joining hotel as instructed in these trip notes. If you cannot get through leave a message and a contact number as these will be regularly checked and the crew informed if necessary.

Emergency Number: +44 (0) 7985106564

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Luggage & Kit List

Although you will not have to carry your main bag long distances, you will need to help load and unload them onto the truck. For this reason we recommend that you use a backpack or soft bag rather than a heavy suitcase. During your trip your main luggage will be kept in the back locker, so you will also need a small daypack. This can be used to carry your camera, water bottle and other personal effects for daily use. Please be aware that due to the constant dust and vibrations your luggage bag will be subject to extreme wear and tear.

The size of baggage that can be brought on this tour is limited by the locker space on the truck. Different trucks have different-sized lockers, however to be safe we recommend that your bag be no larger than 66cm deep, 30cm wide, and 30cm high. The weight limit for luggage on all trucks is a maximum of 20kg. Backpacks should not have an external frame unless it can be easily removed and stored separately to avoid damaging other people's luggage.

Your clothes and equipment should be appropriate for the conditions you are travelling in. On overland trips, Dragoman will provide all camping equipment apart from sleeping bags and ground mats (except on routes between Nairobi and Cape Town where ground mats are provided).

The clothes and equipment should be appropriate for the conditions you are travelling in, which will vary depending on which part of the world you're heading to. On overland trips Dragoman will provide all camping equipment apart from sleeping bags and ground mats*, so you'll need to bring those with you. Think about the climate and altitude of the areas you'll be travelling to- there's nothing worse than being cold at night so it's worth investing in a decent sleeping bag if it's likely to get cold. And remember that even when it's warm during the day, it can often get cold at night, particularly in desert regions.

IMPORTANT: Ground mats are provided on all of our overland trips that run in South and East Africa, between Nairobi and Cape Town. This includes our Family trips between Nairobi and Cape Town.

For a general idea of what you need this list provides a guide:

- Sleeping bag* - Check the expected climate en route. Nights in desert and mountain regions can be very cold in winter months.
- Sleeping bag liner* (or sheet folded and sewn up on 2 sides). It will help keep your sleeping bag clean, and can be used on its own on warm nights.
- Ground mat or compressed foam*
- A day pack is useful for short hikes in the countryside, wandering around cities, etc and also for keeping inside the vehicle for items used during the day
- 2 sets of comfortable travelling clothes (light, easily washable cotton clothes are best)
- 1 set of casual but smart clothes for evenings out. Women should bring a skirt that covers their knees and a scarf for visiting places of worship
- 2 pairs of shorts
- Sun hat or warm hat if trekking
- 1 pair of sunglasses
- Warm sweater/fleeces
- 1 waterproof jacket with hood
- 1 pair of comfortable walking shoes/boots (or ankle height canvas jungle boots)
- 1 pair of sandals or flip-flops

- Underwear and socks (thermals are also a good idea if you are travelling to altitude or to the desert as it can get very cold at night)
- Swimwear
- 2 small towels
- Washing kit, including a small mirror
- Clothes washing detergent, small scrubbing brush & washing line (just a length of cord)
- Head torch/flashlight with spare batteries & bulbs (only the 3 standard sizes of round 1.5v batteries are widely available en route)
- Passport photos (average of 2 per country for which visas will be applied for en route)
- Good water bottle at least 1 litre
- A pouch or money belt worn inside your clothing, or unobtrusive pocket sewn into the inside of a pair of loose fitting trousers, is a must.
- Alarm clock
- Pocket calculator (useful when exchanging money)
- Writing materials & notebook/diary
- Multi purpose knife.
- Mosquito net - The tents supplied by us have mosquito netting and you will only need a net if you think you will sleep out under the stars a lot of the time.
- "Wet Ones" (moistened tissues) and hand gel
- Toilet paper - this can be purchased almost everywhere en-route but one roll is worth packing
- Assorted sized plastic bags - protects clothing and equipment from dust and damp
- Extra batteries for your camera / phone etc as there are only limited opportunities to recharge. For a comprehensive kit list take a look at the Dragoman kit list that Nomad Travel has created. You will receive a 10% discount on all equipment purchased either online or in store. Click to see the kit lists www.nomadtravel.co.uk/kitlist/overlanders-kit-list

*For trips with camping nights

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Personal Medical Kit

All of our trucks have a fully stocked medical kit onboard for use in emergency situations only. Therefore in addition to this we recommend that you purchase your own personal medical kit. In the UK we have teamed up with Nomad Travel Stores and Clinics to produce the Dragoman Travel

Medical Kit. It has been designed in conjunction with the truck kits and contains everything you would need for any minor accidents. For more details please visit their website:

www.nomadtravel.co.uk/catalog/view/dragoman-medical-kit

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Passports

Check that your passport will still be valid for 6 months after the end of the trip - this is important as some countries WILL refuse entry to anyone whose passport is due to expire. A temporary or "visitor's" passport is not valid on our trips. You will need to provide us with your passport details prior to departing for your trip. If you change your passport please remember to inform us.

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Pre and Post Trip Accommodation and Connecting Flights

At Dragoman we believe you should make the most of the places you visit, so if you would like to see more of the joining or finishing point cities, why not book additional accommodation to extend your stay? Dragoman can take away the hassle of time zones and language barriers by making the booking for you. This accommodation is only available at the joining or finishing city of your trip, immediately before or after the trip you are travelling on.

While Dragoman is happy to assist with booking your pre and post trip accommodation, it is important that you understand that you may be able to book your own room at a cheaper rate directly through the hotel or on the internet. Our additional accommodation prices are based on the hotel's rate plus an administration fee. Please note our rates do not reflect last minute walk-in rates or internet specials.

We can also book arrival airport transfers for you as long as we have your flight arrival details. These are normally payable in cash upon arrival; however we do have pre paid transfers in a few destinations.

Please contact our reservations team for details of the accommodation and transfers that we can offer, as not all hotels offer this service.

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Continuing Your Trip

Having an amazing trip and met a great group of people? Having too much fun to go home yet? If on your trip you decide that you would like to continue, then why not speak to your trip leader who can advise you of the cost and availability of continuing your journey.

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Contingency Emergency Fund

Sometimes, civil or political unrest, or reasons beyond Dragoman's control (e.g. a natural disaster), can mean that an itinerary is disrupted and we have to make a contingency plan. This may involve hiring alternate transport or even the whole group flying over an area. Although Dragoman will help organise travel arrangements, in circumstances outside Dragoman's control you will be required to

contribute the additional costs involved and therefore we ask you to bring along a 'Contingency Fund' of USD400. In almost all cases trips run smoothly and this fund is therefore never used. We also recommend that you take along an internationally recognised credit or charge card with a decent limit in case of emergencies, such as medical treatment en route, or even the need to be repatriated; though these occurrences are rare. Remember that travel insurance policies usually only refund you for expenses after you have already paid out.

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Responsible Tourism

Dragoman is committed to ensuring that we have a positive impact on local communities and that we implement policies to minimise any negative impact on the local environment. We are dedicated to making sure that we adopt a responsible attitude to the areas through which we travel and believe that our trips should benefit the local people and their environment. Dragoman recognises that we are guests of local communities and strive to make these communities our partners, so that they benefit directly from our visit. You can find full details of Dragoman's responsible tourism policy linked from the home page.

www.dragoman.co.uk/about-us/responsible-travel/our-commitment

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Water

The sale of bottled water contributes to an enormous environmental problem around the world. In addition to the water in bottles, the production of a 1 litre plastic bottle takes 2 litres of water and 200ml of oil. A large proportion end up in limited landfill or discarded in waterways and natural environments.

Please avoid the purchase of bottled water by using the chemically sterilised water stored in the purpose-built storage tank or in water jerry cans in your overland vehicle. You are free to refill your bottle as many times a day as you like. You are helping the environment and your pocket!

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Electrical Equipment

Your vehicle will be equipped with a 12 volt socket, so to charge your iPod, MP3 player, camera, laptop and mobile phone you will need a DC 12 volt adapter - the type that can be used from a cigarette lighter in your car. Please be aware that only one piece of equipment can be charged at a time and it will not be allowed if there is a risk of running the vehicle's batteries low. Batteries may also be recharged from hotel room wall sockets and the majority of the campsites we stay at have electricity points so please bring along your normal charging adapters as well. You will need to ensure that you have the correct country adaptor for your specific charger.

For mobile phones, please note that most countries in the Americas operate at 850MHz and 1900 MHz which is not the same frequencies used in Europe, Africa, Asia and Australia. Most modern tri-band and quad-band mobile phones will be able to operate on these frequencies but please check your mobile phone specifications before travelling to ensure that you'll be able to use your phone in the Americas.

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A Few Rules

Illegal drugs will not be tolerated on our trips. Possessing or using drugs is not only against the law, but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for Dragoman groups. It is one of our core values to treat all people we encounter with respect which of course includes all the local people who make our destinations so special. The exploitation of prostitutes or children is completely contrary to this philosophy. Our group leader has the right to expel any member of the group if drugs are found in their possession or if they use prostitutes or abuse children. Equally Dragoman will not tolerate any violence or threat of violence towards local people, other group members or any member of our staff. Our group leader has the right to expel any member of the group if drugs are found in their possession, if they use prostitutes, abuse children, use violence or threaten violence, without a refund of the trip price.

We expect you to obey all the laws of the countries through which we pass. This particularly applies to the smuggling of contraband and possession of narcotic drugs (as above), firearms, antiquities and ivory. Any customer found contravening such laws or customs will be required to leave the trip immediately with no refund of the trip price.

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Issues on the Trip

While we always endeavour to provide the best possible holiday experience, due to the nature of travel and the areas we visit sometimes things can and do go wrong. Should any issue occur while you are on your trip, it is imperative that you discuss this with your group leader or our local partner straight away so that they can do their best to rectify the problem and save any potential negative impact on the rest of your trip.

We recognise that there may be times when your group leader may not be able to resolve a situation to your satisfaction. If this is the case please contact our customer relations department on

customer-relations@dragoman.co.uk.

You may also choose to provide details in your feedback questionnaire which we ask you to complete at the end of your trip, but we do ask you to be aware that it is very difficult for us to provide any practical help after the trip is complete.

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Tipping

Tipping is entirely voluntary. The Dragoman crew may be travelling with you for many weeks and usually they become good friends with most members of the group. It is sometimes easy to forget that they do work hard to ensure that you do have a great trip. If you feel you would like to tip them, they certainly would appreciate it.

On a number of our trips, we also use a local guide as well as our own Dragoman crew. These guides live and travel with you through their home country and it is usual to tip them when they leave. We recommend USD \$1 to USD \$4 per person per day, but check with your crew for an appropriate amount.

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Our Community

At any time before or after you book, you can join our community - Dragoland. This is a great place to ask questions before you travel and to catch up with your fellow travellers once your trip has finished. You can share photos, videos and stories and you can also download a selection of free travel apps. See the home page to sign in - it's free and easy. We also have a Facebook page where travellers regularly swap info with each other

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Feedback

After your travels, we want to hear from you! We rely on your feedback. We read it carefully. Feedback helps us to understand what we are doing well and what we could be doing better, and it allows us to make improvements for future travellers.

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These trip notes have been compiled to help you prepare for your journey, once you have booked. They include the full itinerary and dates, information and kit lists, meeting hotels, insurance, vaccinations, visas, and other information that will help you get ready for your trip.

Please ensure you have an up to date version of these Trip Notes

These trip notes were printed on 30/01/2015